

# TelcomWATCH

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IMPORTANT NOTICE –  
Please Distribute to the General Manager or Insurance Contact

## JUNE IS NATIONAL SAFETY MONTH

The National Safety Council (NSC) is encouraging businesses and communities across the country to participate in National Safety Month, which is an annual observance to increase awareness of the top causes of preventable injuries and deaths and to encourage safe behaviors.

Unintentional injuries and deaths in the United States are at unacceptable levels, demonstrating the need for the national observance. Unintentional deaths reached an estimated 128,200 in 2009. The 2009 estimate, the highest on record, was 47% greater than the 1992 total of 86,777, the lowest annual total since 1924. The cost of unintentional injuries to Americans and their employers exceeds \$693 billion nationally, or \$5,900 per household.

This year's theme, "Safety States with Me," was inspired by the pillar of Leadership and Employee Engagement from the Journey to Safety Excellence. Successful organizations engage everyone in safety and create a culture where people feel a personal responsibility, not only for their own safety, but for that of their co-workers, family, and friends. While leadership from the top is important, creating a culture where there is a sense of ownership of safety by all makes everyone in the organization a safety leader.

## THE NATIONAL SAFETY COUNCIL – CELEBRATING 100 YEARS OF SAFETY!

The National Safety Council estimates nearly 6 million lives have been saved through the collaborative efforts of the people working to save lives and prevent injuries within the past 100 years. Visit [www.NSC.org](http://www.NSC.org) to read stories shared from people who are living safety every day.

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## **EACH WEEK HIGHLIGHTS A DIFFERENT LEADING CAUSE OF UNINTENTIONAL INJURY & DEATH**

### **Week 1 – June 2-8 – Preventing Slips, Trips, and Falls**

Falls are the leading cause of death in construction from hazards such as ladders, scaffolds, and roofs. In 2010, there were 264 fall fatalities out of 774 total fatalities in construction. These deaths are preventable.

### **Week 2 – June 9-15 – Employee Wellness**

We all know a healthier employee is a happier, more productive employee. Making healthier decisions can be difficult, but with the help of those around you, these decisions can become easier and turn into daily habits. Help your employees get moving down the road to a better, more energized body and mind.

### **Week 3 – June 16-22 – Emergency Preparedness**

Emergency planning is an important part of a comprehensive workplace safety program. Taking proactive steps can reduce the social and economic costs of emergencies, criminal acts, crises, and disasters. An effective response during an emergency depends on the quality of planning and training that occurs before a situation arises.

### **Week 4 – June 23-29 – Ergonomics**

The goal of ergonomics is to reduce stress and eliminate injuries and disorders associated with the overuse of muscles, bad posture, and repeated tasks. This is accomplished by designing tasks, work spaces, controls, displays, tools, lighting, and equipment to fit the employee's physical capabilities and limitations.

## **SAFETY MATERIALS FOR YOUR SAFETY MEETING**

Visit the NSC website at [www.NSC.org](http://www.NSC.org) to sign up for free, downloadable materials. If you are a Telcom Policyholder, contact Tina Wynter at [TMW@TelcomInsGrp.com](mailto:TMW@TelcomInsGrp.com) or 800.222.4664x3206 if you would like videos on the above topics to present at your June safety meeting.

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